
Last Steps ACP Facilitator Certification *A POLST Paradigm Program*

Respecting Choices® Last Steps ACP Facilitator Certification is designed for professionals such as social workers, nurses, clergy, and physicians and others involved in assisting patients and residents in making end-of-life treatment decisions. This training is designed to help participants learn the skills needed to have end of life discussions with frail elders, those living in long-term care facilities and those that may not live more than a year.

Objectives:

- Describe the purpose of the Last Steps® ACP Facilitator Certification (POLST paradigm) program.
- Identify skills to initiate Last Steps ACP discussions with persons with life-limiting illness, designated healthcare agents, and their loved ones.
- Identify skills to assist in making informed end of life treatment decisions to include CPR, limitations on treatment, time- limited trials, and comfort care.
- Practice Last Steps ACP discussions in role-play exercises.
- Identify techniques to create a POLST document that accurately reflects an individual's treatment decisions.

Prerequisite:

- Completion of the Respecting Choices® Online ACP Facilitator Curriculum.
- Review the POLST form and POLST form guidelines appropriate to your State requirements.

Contact hours:

- Contact hours for the online prerequisite are available through Respecting Choices. Upon completion of the modules, you will be able to download a contact hour certificate.
- Contact hours for Social Workers are offered by Life Matters Media for the classroom course.

The class will take place on October 15th from 8:00 am to 4:30 pm at Northwestern Memorial Hospital Feinberg Pavilion Conference Room F. The fee for the course is \$165, which includes the modules, the classroom course and lunch.

Register for the certification course at:
Lifemattersmedia.org

The term "certification," as used in Respecting Choices® educational programs and products means that Gundersen Health System issues a certificate upon fulfillment of the following elements:

- 1) completion of a specified Respecting Choices educational program with standardized content and processes;*
- 2) successful demonstration of skills associated with the specified program; and*
- 3) if applicable, an 80 percent or higher score on a written examination associated with the specified program.*

The Respecting Choices certification programs are not credentialed by a national accreditation body.

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